

7 Years of Success

2002-2009

1

Mission and proven commitment to grow the sport

Host of MAPL Raleigh (Raleigh Convention Center) - the largest, most competitive tournament in North Carolina

Educating through excellence in volleyball

Year-round programming for youth, juniors, and adults

Host to over 15 tournaments annually

Pioneered establishment of 12s division in NC

2

History of success, recognition, and college placement

19 Carolina Region Championships

28 bids earned to Junior Olympics Nationals

Winningest club in North Carolina

All alumnae had opportunity to play collegiately

Millions earned in scholarships

Nationally recognized and respected

3

Experienced and professional club leadership and staff

A collaborative TEAM model

Accessible, full-time administrative team

Talented and experienced

42 talented, caring, and quality people

Certified and highly trained

30 former/current collegiate players

4

Proven, consistent, and comprehensive training program

College preparatory

Power, Agility, Core Training (PACT)

Club-wide system

Position & competition training

Jump training

...and so much MORE

5

Emphasis on process of winning and competitiveness

Discipline

Balanced approach to training and competition

Responsibility

Leadership

Individuals achieve success within a TEAM dynamic

Work-ethic

Character

Model enhances competitiveness and capacity for next-level success

Honor

6

Club operated facility with state-of-the-art playing surface

Centrally located four-court gym means consistent practice schedule and location

Well-equipped for elite training and ensuring the well-being of student-athletes

Proud home to a newly installed orthopedic sub-floor and preferred playing surface (reduces fatigue and risk of injury)

7

Club culture is the foundation for a shared vision of excellence

Rooted in a history of excellence and desire to develop long-term partnerships with student-athletes and families

Non-profit environment fosters a strong and pervasive community spirit of support

Serious volleyball...serious FUN!

7 Reasons to choose Triangle