

Press Release

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FOR IMMEDIATE RELEASE
9 A.M. EDT, Monday, June 5, 2006

FIRST JUNIOR VOLLEYBALL FACILITY IN NORTH CAROLINA OPENS IN THE TRIANGLE

MORRISVILLE, NC, JUNE 9, 2006: Triangle Volleyball Club will dedicate its new volleyball facility on Friday, June 9th making it the only club in the state with a permanent volleyball-only venue.

With a central location in the triangle, this four-court facility will offer tremendous new opportunities for player development and will foster regional growth in the sport. In conjunction with opening its volleyball facility, Triangle Volleyball Club has recently launched its *Youth Volleyball Program (YVP)*, the *Triangle Setting Academy*, and *Triangle P.A.C.T (Power, Agility, and Conditioning Training)*.

YVP offers boys and girls grades two through eight an opportunity to participate and develop in the sport and has seen over one hundred participants since its start in

January, 2006. The YVP program has already been expanded to include a *YVP League* that provides a real volleyball game setting to utilize instruction and skills.

The *Setting Academy* provides players from across the region the same elite training and comprehensive instruction in volleyball setting that other national championship clubs have been receiving for decades.

Triangle P.A.C.T. is a volleyball specific training and instructional program designed to help the serious, achievement oriented student-athlete develop the athletic qualities necessary for high performance in any sport and for volleyball in particular.

Triangle Volleyball Club was founded in 2002 and is dedicated to the growth and development of student-athletes through excellence in the sport of volleyball.

Triangle hosts several junior women's teams which compete across the country during the club season, January through July. Most recently the 18-Open team won the *Big South National Qualifier* in Atlanta which represents the best finish of a North Carolina club team in the states' volleyball history. Both the 18-Open (currently ranked 5th nationally) and 15-Club teams will compete this summer in the grand finale of the club season, the Junior Olympic National Volleyball Championships, to be held in Atlanta. Triangle Volleyball Club is a member of the Carolina Region of USA Volleyball, the volleyball organization of the U.S. Olympic program.

For more information contact Casey Caram, Executive Director, Triangle Volleyball Club, 919-475-6714; www.trianglevolleyball.org; www.carolinaregionvb.org; www.usavolleyball.org.