



PRESS RELEASE

Triangle Volleyball Club announces Southeastern Orthopedics partnership; launches Triangle MVP
Triangle MVP is a new component of Triangle's nationally recognized comprehensive training program



Morrisville, NC, November 2, 2012

Triangle is pleased to announce its partnership with Southeastern Orthopedics Sports Medicine and Shoulder Center [SEOrtho] and the joint creation of *Triangle MVP* [Maximum Volleyball Performance]. Led by Dr. Paul Salamh, PT, DPT and under the guidance of Dr. Kevin Speer, MD, *Triangle MVP* will create a framework for collaboration with Triangle's lead trainer, Corey Johnson CPT, and is designed to improve the overall athletic performance of Triangle student-athletes while reducing the risk of injury.

Triangle MVP's launch will coincide with the start of the 2012 club season and begin as a study of 50 Triangle student-athletes. Each study participant receives a thorough evaluation which helps to set direction for the training regimen of all Triangle student-athletes.

Triangle MVP and the partnership with SEOrtho is the latest innovation in Triangle's nationally recognized comprehensive club training program. In addition to a focus on reducing injury potential Triangle's training program recognizes, educates, and emphasizes the many factors that impact overall athletic performance. Just recently, Triangle Directors, Sherry Fadool and Mike Schall, accepted an invitation to speak at the American Volleyball Coaches Association [AVCA] Conference on Triangle's consistent and comprehensive club training program. "*Gaining a Competitive Advantage with a Consistent and Comprehensive Player Development Process: Teach Fundamentals, Team Play, and More Throughout Your Club*" will be part of the AVCA seminar series held in conjunction with the NCAA Division 1 Final Four tournament in San Antonio, Texas in December 2011.

Triangle Volleyball Club, a 501(c)(3) non-profit organization, was founded in 2002 and is dedicated to the education of student-athletes through excellence in the sport of volleyball. *Triangle* is equally committed to growing volleyball in North Carolina and has expanded its programs and offerings, leading the way for NC junior volleyball. *Triangle Volleyball Club* is a member of the Carolina Region of USA Volleyball, the national volleyball organization of the U.S. Olympic program, Junior Volleyball Association [JVA], and the American Volleyball Coaches Association [AVCA]. For more information visit www.trianglevolleyball.org; www.carolinaregionvb.org; www.usavolleyball.org, <http://www.avca.org/jva/>.