



PRIVATE AND SMALL GROUP INSTRUCTION AT TRIANGLE

The winning combination of a knowledgeable, professional staff and a dedicated four-court volleyball facility makes *Triangle* the premier source for volleyball training in the area. With a wealth of coaching and playing experience at all levels (prep, collegiate, and professional) our coaching staff is able to instruct student-athletes in an individual or group setting on all aspects of the sport. Considerations such as skill area of interest, availability and cost should be guiding factors in your selection of a *Triangle* coach for private or group instruction.

A “menu” is available for those seeking private or group instruction. You may request this menu information by contacting info@trianglevolleyball.org.

Members of our coaching staff available for lessons are categorized below based on their experience.

Coaching Fees - Private and semi-private instruction fees will be determined according to the scale below. The scale is tiered based on the coach’s training and experience.

Private Lessons Scale: (inclusive of court fee)

Level 1 - A level 1 instructor is an entry level instructor (IMPACT certified) with less than one-year of coaching experience. In our program, this instructor is usually a collegiate student-athlete although exceptions may be made in certain circumstances for high school level instructors. (\$25/hr member; \$30/hr non-member)

Level 2 - A level 2 instructor (IMPACT certified) has between 1-3 years of coaching experience. (\$35/hr member; \$40/hour non-member)

Level 3 - A level 3 instructor (IMPACT and CAP certified or its equivalent) has at least 3 years of coaching experience one of which should be as a head coach. (\$50/hr member; \$55/hr non-member)

Level 4 - A level 4 instructor (IMPACT and CAP certified or its equivalent) has at least five years of coaching experience. (\$60/hr member; \$65/hr non-member)

Level 5 - A level 5 instructor (IMPACT and CAP certified or its equivalent) has at least eight years of coaching experience (\$70/hr member; \$75/hr non-member)

Semi-private/group rates: (inclusive of court fee)

| Triangle Members | | | | | | | |
|---------------------|------|---------|---|---------|---------|---------|---------|
| Coach's Lesson Rate | | Private | Small Group Rates per person (includes \$10 court fee) | | | | |
| | | | 2 | 3 | 4 | 5 | 6 |
| Level 1 | \$25 | \$25 | \$17.50 | \$13.33 | \$11.25 | \$10.00 | \$9.17 |
| Level 2 | \$35 | \$35 | \$22.50 | \$16.67 | \$13.75 | \$12.00 | \$10.83 |
| Level 3 | \$50 | \$50 | \$30.00 | \$21.67 | \$17.50 | \$15.00 | \$13.33 |
| Level 4 | \$60 | \$60 | \$35.00 | \$25.00 | \$20.00 | \$17.00 | \$15.00 |
| Level 5 | \$70 | \$70 | \$40.00 | \$28.33 | \$22.50 | \$19.00 | \$16.67 |

| NON-Members | | | | | | | |
|---------------------|------|---------|---|---------|---------|---------|---------|
| Coach's Lesson Rate | | Private | Small Group Rates per person (includes \$15 court fee) | | | | |
| | | | 2 | 3 | 4 | 5 | 6 |
| Level 1 | \$30 | \$30 | \$20.00 | \$15.00 | \$12.50 | \$11.00 | \$10.00 |
| Level 2 | \$40 | \$40 | \$25.00 | \$18.33 | \$15.00 | \$13.00 | \$11.67 |
| Level 3 | \$55 | \$55 | \$32.50 | \$23.33 | \$18.75 | \$16.00 | \$14.17 |
| Level 4 | \$65 | \$65 | \$37.50 | \$26.67 | \$21.25 | \$18.00 | \$15.83 |
| Level 5 | \$75 | \$75 | \$42.50 | \$30.00 | \$23.75 | \$20.00 | \$17.50 |