



PRIVATE AND SMALL GROUP INSTRUCTION AT TRIANGLE

The winning combination of a knowledgeable, professional staff and a dedicated four-court volleyball facility makes *Triangle* the premier source for volleyball training in the area.

With a wealth of coaching and playing experience at all levels (prep, collegiate, and professional) our coaching staff is able to instruct student-athletes in an individual or group setting on all aspects of the sport. Considerations such as skill area of interest, availability and cost should be guiding factors in your selection of a *Triangle* coach for private or group instruction.

A “menu” is available for those seeking private or group instruction.

You may request this menu information by contacting info@trianglevolleyball.org.

Members of our coaching staff available for lessons are categorized below based on their experience. Fee structure and guidelines are also included below:

Coaching Fees - Private and semi-private instruction fees will be determined according to the scale below. The scale is tiered based on the coach’s training and experience.

Lessons Scale (exclusive of court fees)

Level 1 - A level 1 instructor is an entry level instructor (IMPACT certified) with less than one-year of coaching experience. In our program, this instructor is usually a collegiate student-athlete although exceptions may be made in certain circumstances for high school level instructors. (\$15/hr private)

Level 2 - A level 2 instructor (IMPACT certified) has between 1-3 years of coaching experience. (\$25/hr private)

Level 3 - A level 3 instructor (IMPACT and CAP certified or its equivalent) has at least 3 years of coaching experience one of which should be as a head coach. (\$35/hr private)

Level 4 - A level 4 instructor (IMPACT and CAP certified or its equivalent) has at least five years of coaching experience. (\$50/hr private)

Level 5 - A level 5 instructor (IMPACT and CAP certified or its equivalent) has at least eight years of coaching experience (\$60/hr private)

Court Fees-for non-Triangle members. A \$15/hour court fee applies to all private and small group lessons.

Semi-private/group rates: (calculate as shown below)

- ▲ **Lesson rate per participant:** (normal private lesson rate/number of participants) + \$5 (i.e. if normal rate is \$35 per hour and group has two participants; each participant is charged \$17.50 + \$5=\$22.50/hour)
- ▲ **Court fee per participant (non-members only, shared equally):** with group of 2 the court fee is \$7.50/hour. It follows that for group of 3 it is \$5/hour.
- ▲ **TOTAL:** for group of 2 as above, \$22.50 + \$7.50=\$30/hour per participant